

How To Be a Good Friend (Featuring Luki)

Big Questions for Little Humans
Episode 13 (part 1)



A series that helps to explore big questions for little humans.
We navigate emotions and situations meant to inspire dialogue in classrooms and at home
Lee-Ann Matthews & Katerin Kuki Juretic

BIG QUESTIONS FOR LITTLE HUMANS
DRAGONBUNNYBOOKS.COM 

Episode 13 How to be a Good Friend? (featuring Luki)

Luki loved her friends.

She loved to play with them, share secrets, tell jokes, make things, be silly and have fun with them. In fact, next to butterflies, friends were her favourite thing!

When she was younger she thought it would be amazing to have a butterfly as a pet. To take it to the park on a leash, and keep it in an aquarium in her room and feed it spaghetti for lunch. All things she thought a butterfly wanted to do. But she was wrong. She learned that butterflies were meant to be free, and to choose what **THEY** want to do. So she put her butterfly catching net away.

But lately she was wondering about her friends too.

When playing follow the leader, she loved to be the conductor and direct the train, but when someone else wanted a turn she said no and wasn't thinking about their feelings. She only wanted to play the games she liked, and to always win! Recently, when she was planning her birthday party she would threaten her friends that they weren't invited and hurt their feelings by telling them out loud. Sometimes she would blurt things out, saying things that weren't nice. Luki knew many words and it made her feel good to say exactly how she felt.

When her friends stopped wanting to play with her, she got confused and angry. She started crying at school. She was frustrated and angry. That night she talked to her moms about it and they listened carefully.

One of them asked Luki what she could do differently to make her friends want to play with her. But Luki didn't know...

I AM FUN!

I AM PLAYFUL!

I AM SMART!

I don't understand...

"Yes!" agreed her moms "You are all of these things and so much more! We love you and your energy and your spirit! But it's important to learn to follow too. It's important to learn to listen to the thoughts, feelings and needs of your friends. And it's important to be kind with your words and not to say things that might hurt others."

Luki's moms gave her a challenge. "Tomorrow at school, see if you can listen more than you speak, follow more than you lead and be generous even if you feel stingy. Notice if this makes a difference..."

Stay tuned for part 2

Reading Guide: Print this document and be sure to give your little humans the colouring sheet that's included on page 4. The adult is the listener and must make sure to be free from distractions and not correct or coerce the conversation.

Take a deep breath and start with the words, "**Will you tell me...**"

- What is a good friend? Think of a time (either real or imagined) that you would describe someone else as being a "good friend". List these qualities (at least three). Not how they make you feel but the qualities themselves.
- Now describe how it makes you feel when you are with someone who is being a good friend to you.
- Everyone has moments where they could work on their ability to be a good friend. Share a time when you may have needed to improve your friendship skills.

