

Why Can't I have a Playdate?

Big Questions for Little Humans

Episode 2



A collection of mini stories that will help to explore big questions for little humans. Join Luki and friends as they navigate different emotions and situations meant to inspire conversations about feelings..

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BIG QUESTIONS FOR LITTLE HUMANS

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Why Can't I have a Playdate?

One cold morning, in deep, snowy winter, Mikael was bored.

He was bored of playing with his toys. He was bored of playing video games. He was bored of playing Legos. He was bored, bored, bored!

He wanted one of his friends to come over. Either his best friend Luki, or his neighbour Amir or his cousin Bo, but he knew the rules and he knew that his dad would just say no! He also knew about the virus and how dangerous it was, but right now he was too bored to care.

It just wasn't fair and he just wasn't happy. So he started to cry. He cried and cried and cried.

His dad tried to soothe him but he was too angry, sad and hopeless to be soothed... Sometimes you just need to cry.

Later that day, the sun came out and warmed the snow and the crystal icicles started dripping. Mikael's grandmother baked oatmeal cookies that filled the apartment with a sweet cinnamon smell.



"Why don't we deliver cookies to Luki and Amir and Bo?" She offered.

Mikael made cards with drawings and wrote special notes to include with the cookies:

"Meet-up in the park at 3pm for hockey"

He put on his mask and layers of warm winter clothes and delivered the cookies. They played hockey outside until the sun went down.



Big Questions for Little Humans

Take your time to read through the questions with your little humans. Give them ample space to answer, let them wonder and think. There is no rush. This is a conversation. Make sure not to interrupt and to be a great listener when others are speaking.

- How do you think it felt when Luki received the cookies and card from Mikael?
- The covid pandemic has meant that we cannot see people like we used to (no hugs, sleepovers etc) How does this make you feel?
- Has there ever been a time when you couldn't have a playdate and you were bored? What did you do instead?
- If you could do something for someone you can't see right now, what would it be? Use your imagination; your reply can be real or make believe.

You may illustrate this act of generosity in the space below.

