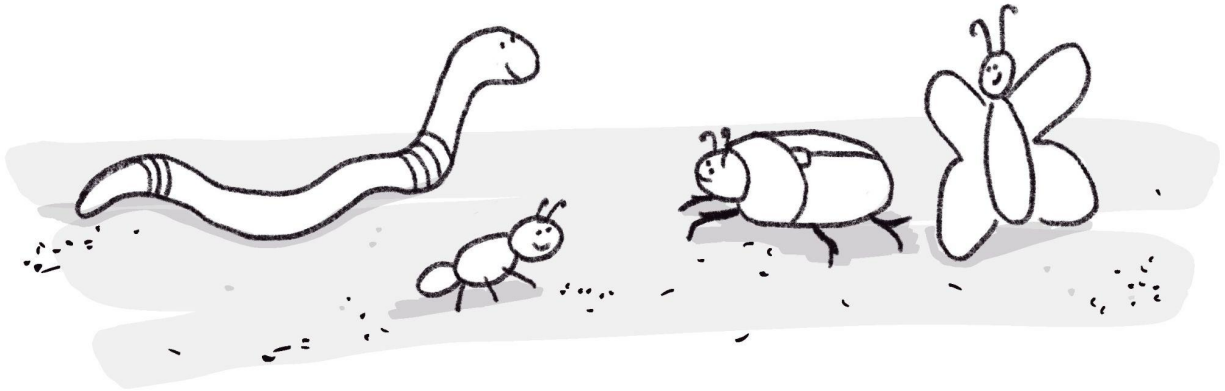


Sometimes I Feel Left Out

Big Questions for Little Humans

Episode 4



A collection of mini stories that will help to explore big questions for little humans. Join Luki and friends as they navigate different emotions and situations meant to inspire conversations about feelings.

Lee-Ann Matthews (Bunny) & Katerin Kuki Juretic (Dragon)

Sometimes I Feel Left Out

Worm, Beetle, Butterfly and Ant were all enjoying themselves one fine Spring morning. They were digging and crawling and crunching and munching and enjoying the warmth of the sun on their bodies and the feeling of the earth beneath them. It had been a long winter. It felt good to wake up and move and squirm about!

Worm, Beetle, Butterfly and Ant liked each other very much. They enjoyed telling stories, singing songs and most of all, being silly! One of their favourite songs was this one (they made it up)

*I'm a Bug, Bug Bug
I like to Hug, Hug Hug
in the mud, mud mud
Or under a Shrub, Shrub Shrub
I crawl around, round round
Around town, town town
Upside down, down down
But I nevrerrr nevrerrr frownnnnnnnnn YAHOOOOOO*



But for Butterfly, something was missing. You see, she loved to crawl around but there was something she didn't tell them. She had wings that were not only beautiful but functional too. In fact, she could fly and flitter and flap and it felt fabulous! She went to the top of the tallest trees and it made her feel so free!

When Worm, Beetle and Ant were singing their song one day she suddenly started to feel left out. She realized that they didn't understand her at all. She had something they didn't know about and it made her feel left out. So just like that, she blurted it out!

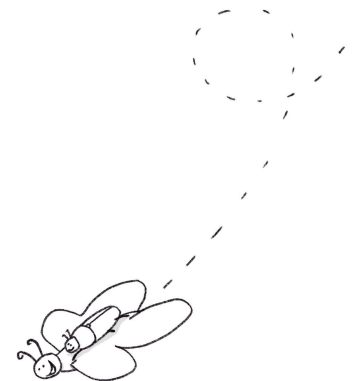
"I'm different! And it makes me feel lonely. I don't only like to hug and crawl and be upside down in our song! I also like to fly! I can fly! I have wings and they fly way up in the sky! Look!"

And away she went to the top of the tree to sulk and cry.

The others looked up in awe! They didn't realize how beautiful and practical those wings were. They hadn't noticed before so they huddled together and came up with a new song...

*I'm a Butterfly, fly fly
I fly in the sky, sky sky
I fly so high, high high
And I'm not shy, shy shy
My friends think it's neat, neat neat
Cause I have feet, feet feet
I can twirl and whirl watch my wings unfurlllllllll YAHOOOOOO*

Butterfly heard them singing and she started to laugh because she loved how silly it was. Then they all took turns riding on her back to the top of the tallest tree and it was the best day ever!

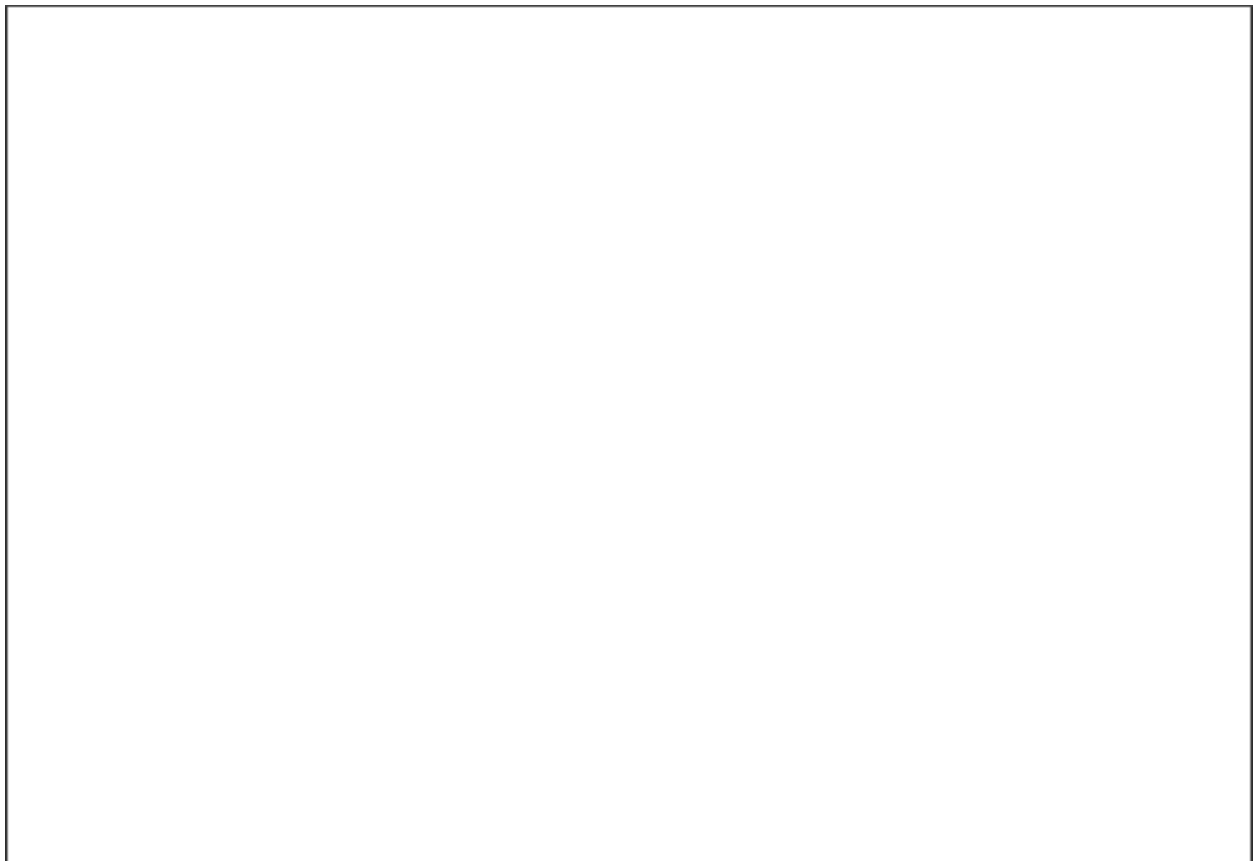


Big Questions for Little Humans

Reading Guide: Take your time with the questions. Give your “little humans” ample space to answer, let them reflect and think. There are no wrong answers. This is a conversation that may take some time and patience. Make sure not to interrupt and to be an active listener when they are speaking. Choose one or all of the following questions to help spark a conversation...

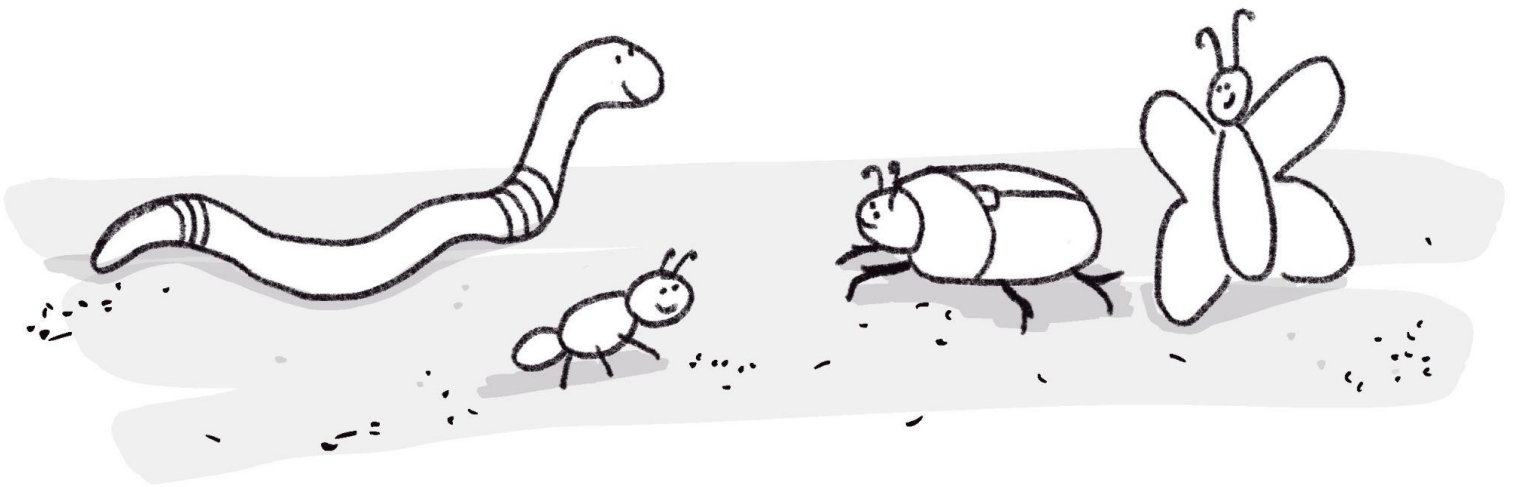
- Have you ever felt left out? Describe what this was like: what made you feel left out and why.
- Was there ever a time when you heard someone else describe feeling left out? At home, school or with friends? What did you do? How did you feel?
- After reading this story and talking about your feelings, what would you do differently if you feel left out or if you see someone else who feels this way?

Illustrate a time when you felt left out, in the space below.



Sometimes I Feel Left Out

Colouring Sheet



BIG QUESTIONS FOR LITTLE HUMANS

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